



# CETA

HEALTH TRAINING

In partnership with



**South Warwickshire**  
NHS Foundation Trust

**TRAINING  
PROGRAMME  
2018/19**

# WELCOME

to the Central England Health Training Academy, **CETAHealth™**, created in partnership with South Warwickshire NHS Foundation Trust.

We provide high quality, practical health training and clinical conferences for NHS Trusts, GP Practices, Care/Residential Homes, delivered by experienced NHS practitioners at competitive prices.

Training supports your organisation to meet approved standards, such as the Care Quality Commission (CQC) and The Quality and Outcomes Framework (QOF).

With the flexibility to offer specific staff training on site, or the choice of attending training or clinical conferences in various locations across the county of Warwickshire, we aim to keep travel time to a minimum, maximising learning time.

Our aim is to ensure that once you have completed your training you have support to embed your new learning back in your workplace. Once you have registered on the members page, you can download your personal training record or that of your staff team at any time.

Thank you for supporting the NHS by choosing **CETAHealth™** for your training. Profits from all courses are passed directly back to South Warwickshire Foundation Trust for reinvestment in health and community services.

The aim of **CETAHealth™** is to make NHS quality training accessible to a wider range of health professionals; to share best practice and ultimately positively impact those who are being cared for by these professionals. With an alarming rise in elderly emergency admission rates, another harsh winter ahead and rising child poverty, investment in good quality training to equip professionals with the skills they need has never been more essential.

The Central England Health Training Academy, **CETA Health™**, created in partnership with South Warwickshire Foundation Trust (SWFT) is run by SWFT's Learning and Development Department.

We are a social enterprise organisation with a mission to generate income that can be reinvested into accelerating and advancing NHS services. All profits are passed back to SWFT for reinvestment.

To find out more about any of our courses please visit: [www.cetahealth.co.uk](http://www.cetahealth.co.uk)

Telephone: (01926) 600843

E-mail: [ceta@swft.nhs.uk](mailto:ceta@swft.nhs.uk)



Facebook.com/CETAHealth



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# ESSENTIAL TRAINING

## BASIC LIFE SUPPORT/CPR



**COURSE DURATION:** 2 hours.

**WHO SHOULD ATTEND:** All healthcare staff who require Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR) skills.

**IN BRIEF:** Candidates will learn how to properly perform CPR, choking procedures and recovery positions on adults, children and babies.

### LEARNING OUTCOMES:

- Understanding DRABC (Danger Response Airway Breathing Circulation).
- The need for good CPR.
- Understanding respiratory arrest in paediatrics.

We can also provide AED (Automated External Defibrillation) training. Contact us for more information.

## MOVING AND HANDLING (PEOPLE)



**COURSE DURATION:** 3.5 hours.

**WHO SHOULD ATTEND:** All healthcare staff who require skills for moving patients/clients.

**IN BRIEF:** This course will provide an understanding of moving and handling patients appropriately.

### LEARNING OUTCOMES:

- Understanding the manual handling responsibilities and the law.
- To understand the anatomy of the spine and types of injuries.
- The need for safe moving techniques.
- Moving of objects.
- Moving people (equipment, techniques, risk assessments).



## CONFLICT RESOLUTION (FULL DAY)



**COURSE DURATION:** 7 hours.

**WHO SHOULD ATTEND:** All frontline healthcare staff who may need to provide early and professional intervention in a volatile and potentially violent conflict situation reducing the risk of injury, complaint and litigation.

**IN BRIEF:** This course will prepare candidates to deal with aggressive and resistive people, and how to apply an appropriate response to deal with different types of behaviours that they are likely to encounter. The C.A.R.E (Countering Aggression and Response to Emergencies) system will be taught which provides a systemised approach to managing aggression and violent behaviour. This course also includes breakaway techniques.

## NEW TO TRAVEL HEALTH

**COURSE DURATION:** 2 days.

**WHO SHOULD ATTEND:** For nurses who are new to the field of Travel Health.

**IN BRIEF:** Provides candidates with a good general knowledge of travel vaccines, the diseases they prevent and the ability to deliver appropriate preventative advice to the traveller.

## CONFLICT RESOLUTION (REFRESHER)



**COURSE DURATION:** 4.5 hours.

**WHO SHOULD ATTEND:** All frontline healthcare staff who may need to provide early and professional intervention in a volatile and potentially violent conflict situation reducing the risk of injury, complaint and litigation.

**IN BRIEF:** This refresher course will prepare you for dealing with aggressive and resistive people, and the C.A.R.E (Countering Aggression and Response to Emergencies) system approach for managing aggression and violent behaviour.

## TRAVEL HEALTH UPDATE

**COURSE DURATION:** 4 hours.

**WHO SHOULD ATTEND:** For nurses with experience in the field of Travel Health.

**IN BRIEF:** Having completed the course delegates will be aware of topical issues in Travel Health and be able to provide evidence based advice to travellers.



## TISSUE VIABILITY COMPLEX WOUND MANAGEMENT



**COURSE DURATION:** 1 day.

**WHO SHOULD ATTEND:** Qualified Nurses.

Staff should have a basic knowledge of wound care and work in a setting where wound care is undertaken.

**IN BRIEF:** This course will cover:

- Skin structure and functions, normal wound healing, barriers to healing, wound assessment.
- TIME.
- Wound management - general and some specific e.g. diabetic foot ulcers, leg ulcers, burns, skin tears, surgical wound dehiscence, dressing products.

The day is delivered by clinical specialists in both formal and group work. There is opportunity for discussion and questions

Staff will learn about holistic wound assessment and management.

## TISSUE VIABILITY PRESSURE ULCER PREVENTION AND MANAGEMENT



**COURSE DURATION:** 1 day.

**WHO SHOULD ATTEND:** Qualified Nurses.

**IN BRIEF:** Pressure ulcer prevention, assessment and management.

This course will provide education in:

- Understanding and undertaking risk assessment, pressure ulcer aetiology, pressure ulcer assessment and grading - defining what a pressure ulcer is and what is not e.g. moisture lesion, SCALE etc.
- Pressure ulcer prevention strategies including equipment selection and care planning, holistic care of a patient with pressure ulcers, defining avoidable and unavoidable pressure ulcers and the consequences, documentation and litigation.

This will be in line with current National and International standards and guidelines. There are formal and group sessions and opportunity for questions and discussion.

## FUNDAMENTALS OF IMMUNISATION



**COURSE DURATION:** 2 days.

**WHO SHOULD ATTEND:** Primary Care Nurses new to immunisation.

**IN BRIEF:** This training meets the Health Protection Agency minimum standards for immunisation training. All nurses attending will gain a basic understanding of immunisation and how to deliver the UK routine immunisation and targeted schedules. It does not cover travel health.

## IMMUNISATION UPDATE FOR PRACTICE NURSES



**COURSE DURATION:** 3.5 hours.

**WHO SHOULD ATTEND:** Registered Nurses.

**IN BRIEF:** Candidates who have previously undertaken basic vaccination and immunisation training previously and now need to update.

## FLU AND PNEUMOCOCCAL UPDATE FOR HCA'S

**COURSE DURATION:** 3 hours.

**WHO SHOULD ATTEND:** Health Care Assistants who have already undertaken the initial flu training programme and need to attend an annual update for anaphylaxis.



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# ORTHOPAEDIC TRAINING

## 2 DAY VIVA/CLINICAL FRCS PRACTICE

**COURSE DURATION:** 2 days.

**WHO SHOULD ATTEND:** Candidates undertaking FRCS Trauma and Orthopaedic exam.

**IN BRIEF:** 2 day extensive revision course for VIVA and Clinical section of FRCS Trauma and Orthopaedic exam.

**Day 1** Candidates will practice VIVA in an exam-like scenario; covering adult pathology, trauma, hands and paediatrics.

**Day 2** Clinical examination practice on patients, with a mock exam taking place within a clinical setting. Practice will include short and intermediate cases.

## PLASTERING TECHNIQUES

IN PARTNERSHIP WITH  
BIRMINGHAM CITY UNIVERSITY

**COURSE DURATION:** 3 days.

**WHO SHOULD ATTEND:** Registered Nurses, Practitioners and Clinical Support Workers.

**IN BRIEF:** This course is designed for candidates who require the skill for plastering application, caring of patients and removal of plasters.

**Day 1** Half day theory followed by half day practical.

**Day 2** Full day practical.

**Day 3** Course assessments.

## 2 DAY MCQ/EMI FRCS PRACTICE

**COURSE DURATION:** 2 days.

**WHO SHOULD ATTEND:** Candidates undertaking FRCS Trauma and Orthopaedic exam.

**IN BRIEF:** Two day extensive revision course in preparation for FRCS Trauma and Orthopaedic exam.

**Day 1** Candidates will revise basic science, adult and paediatric fractures and the hand syllabus. The morning and afternoon sessions will include a practice MCQ paper.

**Day 2** Revision of the adult pathology and the paediatric syllabus which will include an EMI practice paper.



# OTHER TRAINING SERVICES

## CLINICAL SKILLS

- IV Therapy.
- Nasogastric insertion.
- Bladder and bowel dysfunction.
- Promotion of continence and incontinence.
- Male and suprapubic catheterisation.
- Digital rectal examination.
- 12 lead ECG recording.
- Peripheral cannulation and venepuncture.
- Venepuncture.
- Male urethral catheterisation.
- Catheter care update.
- Verification of expected death.

## CONFERENCES

CETA can also assist you with events management.

Past conferences and events we have delivered:

- SWFT Annual Clinical Conference.
- Discharge to Assess.
- Non-Emergency Patient Transport Conference.
- Dementia Care Conference - Promoting Excellence: A moral obligation in the delivery of dementia care.
- Central England Rehabilitation Unit: The concept of mental capacity in rehabilitation.

## OTHER TRAINING COURSES WE DELIVER

- McKinley T34 Syringe Pump.
- A range of dietetic courses including:
  - Diet, diabetes and weight management.
  - Dietary impact of a stroke.
  - A caterers guide to preparing nourishing meals and snacks.
- Nutrition support in Primary Care.
- Safeguarding children.
- Medicines management.
- Valuing mentors update.
- Care certificates for clinical support workers.
- Infection prevention and control.
- Ear irrigation update for Registered Nurses.
- 2 day ear irrigation for HCAs and APs.
- IOSH Managing Safely.
- Mental Capacity Act and DOL's training.

